



TRACKS

U.S. Postage Paid
Bulk Rate
Anniston, AL 36201
Permit No. 326

Address Service
Requested:
P.O. Box 2285
Anniston, AL 36202

Volume 28, Number 20118

Anniston, Alabama

July 17, 2014

Cleaning hulls a blast on depot

by Jennifer Bacchus

ANAD PAO

a hub of activity for the entire depot.

The process starts in a holding bay. There, each vehicle is checked to ensure it has been washed properly and the gaskets have been removed. This often involves employees grinding certain areas to remove residue.

Then, parts of the vehicle requiring protection from the steel shot are covered.

“Each type of hull we work on has its own set of items to be protected,” said Terry Newton, a depot industrial equipment operator.

Employees have pre-measured and cut rubber and metal protective shields to be placed over the parts too delicate to endure the abrasive blast force.

After the vehicle is hung vertically, it is moved into position and the large, thick doors are shut.

By using the large booths for abrasive blasting, the depot saves at least seven hours per vehicle and reduces hazards to employees who would typically have to be ensconced in ventilated protective gear to operate abrasive blasting equipment.

The steel shot itself is reusable. Slats in the floors collect the beads. Pieces large enough for reuse are collected in the silo, while the shot not meeting size standards goes into a dust collector. After a combat vehicle leaves the spinner hanger, it either goes to the body shop for repairs or, if it is a second cut vehicle, to the sandblast area for a finish cut before being prepped for painting, primed and given its final coat of paint.

Cleaning old paint and other substances off a combat vehicle is key to the overhaul process.

Once the metal is free of all material, it is easier for employees to locate defects and ensure the vehicle meets specifications.

But, how does one take the hull of a M1 tank - weighing in at approximately 70 tons - and clean it completely and efficiently?

For Anniston Army Depot, that answer comes in the form of two large buildings. Known colloquially on the installation as the spinner hangers, these large-scale abrasive blast booths remove unwanted substances from combat vehicles using stainless steel beads known as shot, which are propelled at about 12,000 revolutions per minute.

“It’s a dangerous job. We have a lot of checks we make on the equipment,” said Matthew Martin, a depot industrial equipment operator.

One daily check measures the width of the chains which hold the hull as it is removed from its cart then lifted into a vertical position for cleaning in the hanger.

“We are very careful. We never walk under the vehicles and we watch out for each other,” said Martin.

The M1 is not the only vehicle cleaned by the spinner hangers. Just about every combat vehicle overhauled by the installation goes through one of the buildings, making them

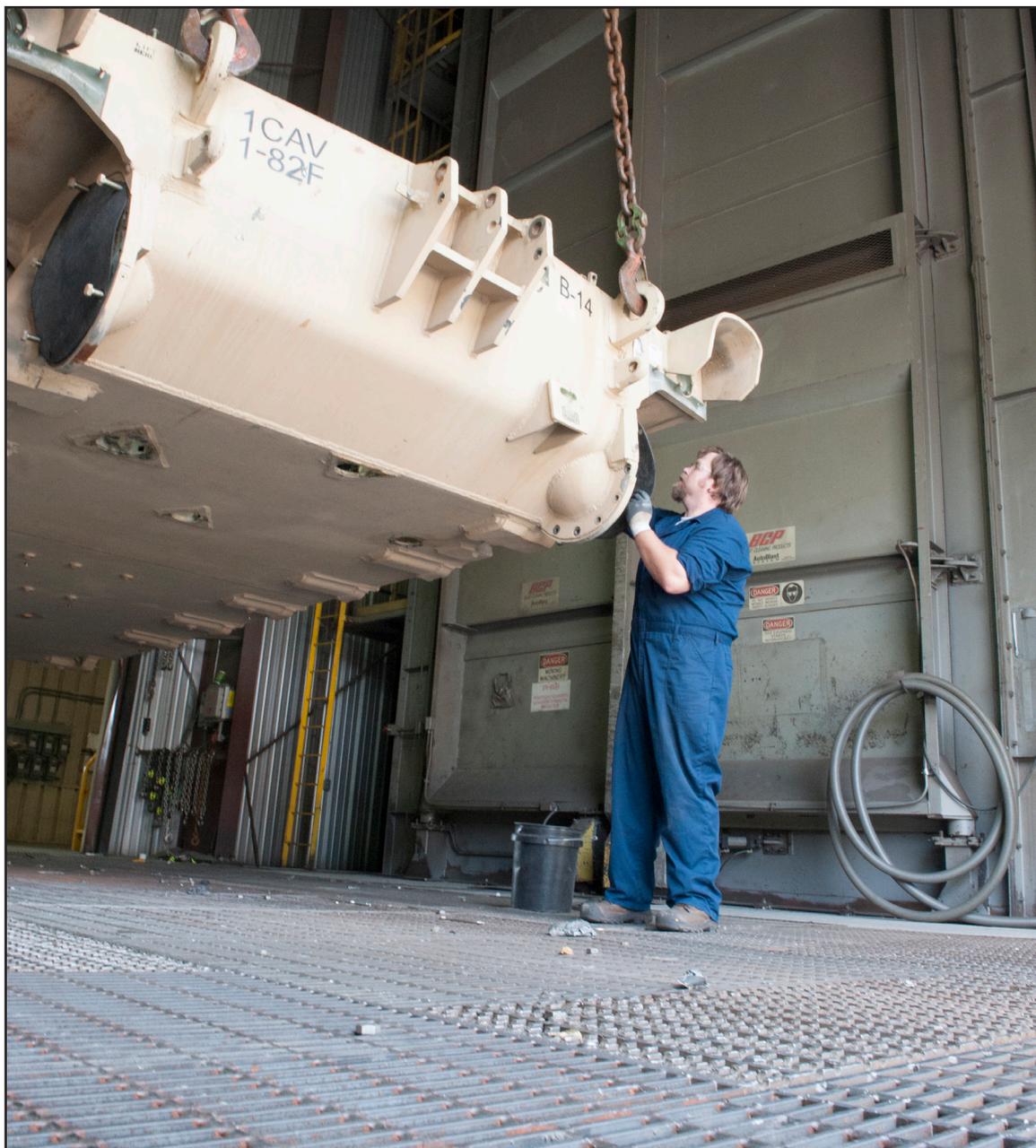


Photo by Jennifer Bacchus

Matthew Martin applies rubber pads to a M109 Paladin in preparation for cleaning it in one of the depot’s spinner hangers. The hanger, a blast booth which cleans hulls and large parts with stainless steel shot, is large enough to hold a M1 Abrams tank suspended vertically.

Town Hall follow-up answers

from Staff Reports

ANAD Leadership

During the Commander's Town Hall meeting June 11, employees asked several questions requiring additional information. Though the questions and answers have been discussed in the respective organizations' morning meetings, the leadership wanted to share the responses, whereas the questions were posed during the live broadcast.

1a. Question: "Bldg. 268 is in dire need of pallets and boxes. We are not getting the parts transported to the destination because of the delay of parts. This affects safety because the parts are on the floor. Is there a way to get some boxes?"

Answer: "There was a hiccup in the delivery process causing a shortage of pallets, which has since been rectified. Pallets are now being received and material is now flowing out of the building."

1b. Question: "Reference Bldg. 268, is there a way to get 18-volt cordless lights for use inside the vehicles? We're having trouble getting cordless lights. The use of extension cords may cause stumbling and other safety hazards."

Answer: "Directorate of Production officials submitted a special tool request for five cordless lights and they will be purchased locally. Delivery is expected soon. Employees within the work bays will sign tool inventory and be accountable for the lights."

2. Question: "Approximately three years ago, Bldg. 459's Welding Shop was

moved to Bldg. 131. The employees share a shop with an area where they work on bridges. The capacity is not made for a welding shop. There was discussion about expanding the breakroom to accommodate the number of employees, but the things the employees were told have not been done. Money became an issue then target zero came into play.

"We do not have an ice machine right now; it is still there, but has been unplugged. We were told it was going to be moved because of target zero, therefore we can't plug it back up. When will we get some help? The breakroom was not built for the number of employees that are in there. Employees are sweating; the air conditioning does not work. There is no place we can go to get a heat break; very hot working conditions."

Answer: "Prior to the relocation, Safety, Environmental, Industrial Hygiene and Engineering representatives were involved in the project to ensure the safety of the employees. At that time all concerns were addressed. If others surface, we will continue to resolve them.

In response to the welding area, 70 percent of the welders have been loaned out, due to workload decrease, so this alleviates capacity issues with the break room. Additionally, ice has been provided daily in a cooler to the remaining employees. Supervisors have been instructed to ensure ice is available daily for employees until ice machine is relocated.

The ice machine has been relocated.

Reference the air conditioning, DPW has been working on the air conditioner and it is operational in half of the break room. A replacement unit is on order.

The break room and an office are currently side-by-side. Plans include construction of a new office, which will expand the break room and existing office space. This is a fiscal year 2015 project and is scheduled to start in October 2015.

3. Question: "After the target zero walk-through in Bldg. 132, we are now able to get some things done now that we couldn't do before. Concerning removal of the chairs, Industrial Hygiene staff is involved in the office chairs that were being used on the shop floor. Some employees have physical problems with their legs and knees. The chairs are not available for use, but some of the employees really need them. One employee went to the clinic to seek an ergonomically correct chair and then to his doctor. Industrial Hygiene is working the issue but I see it being six months to a year before it is resolved. We have issues/employees right now with physical problems."

Answer: The leadership is engaged with Industrial Hygiene on an ergonomic chair for this situation. Based on review of his medical situation and the work process, a determination was made to order a chair. In the interim, IH recommended he use his old chair until the new chair is received.

Avoiding identity theft

from the Federal Trade Commission

Identity theft happens when someone steals your personal information and uses it without your permission. It is a serious crime that can wreak havoc with your finances, credit history, and reputation – and it can take time, money, hard work, and patience to resolve.

Identity thieves are resourceful and use a variety of ways to get your information. They rummage through garbage or "dumpster dive" the trash of businesses or public dumps. They may work, or pretend to work, for legitimate companies and take advantage of that role to convince you to reveal personal information. Some thieves pretend to represent an institution you trust, and try to trick you by e-mail or phone into revealing personal information.

Identity thieves can drain your bank account, run up charges on your credit cards, open new utility accounts or get medical treatment on your health insurance. An identity thief might even file a tax return in your name and get your refund. In some extreme cases, a thief might even give your name to the police during an arrest.

There are four main ways to keep your personal information safe and secure:

- Know who you share information with.
- Store and dispose of your personal information securely, especially your Social Security Number.
- Ask questions before deciding to share your personal information with anyone.
- Maintain appropriate security

on your computers and other electronic devices.

If your information is lost or stolen, you should place a fraud alert on your credit file, monitor your accounts for unusual activity and exercise your right to a free copy of your credit report. To do this, contact one of the credit reporting companies (Equifax, Experian, TransUnion) and check your bank and other account statements for unusual activity.

If you see errors on your credit report or account statements, acting quickly is the best way to limit the damage. Dispute the errors with the credit reporting companies and the fraud department of each business reporting an error.

Watch for the warning signs of identity theft: unexplained withdrawals from your account, not receiving your bills or mail, merchants refusing your checks, debt collectors calling you about debts that are not yours, finding unfamiliar accounts or charges on your credit report, medical providers billing for services you did not use, your health plan rejecting your legitimate medical claim because the records show you have reached benefit limits, notification that more than one tax return was filed in your name or that you have income from an employer you do not work for, and a company you do business with notifying you of a security breach.

To learn more about this important topic see the Federal Trade Commission website at: www.consumer.ftc.gov.

LEGAL
CORNER



Follow Anniston Army Depot on social media:

Facebook:

<https://www.facebook.com/AnnistonArmyDepot>

Flickr:

<https://www.flickr.com/photos/101336510@N02/>



This newspaper is an authorized publication for members of the U.S. Army. Contents of TRACKS are not necessarily official views of, or endorsed by, the U.S. Government, Department of Defense, Depart-

ment of the Army, or Anniston Army Depot.

TRACKS is published biweekly using desktop publishing on recycled paper and on the Internet by the Commander, Anniston Army Depot.

The editorial office is located in the Abrams Building, Room 358, telephone 256-235-6281 (DSN prefix 571) or FAX 256-235-4695. TRACKS invites

comments and contributions from its readers. Address e-mail to: usarmy.anad.tacom.list.publicaffairs@mail.mil and mail to: Editor, TRACKS, TAAN-SCO, 7 Frankford Avenue, Anniston, AL 36201-4199. DEADLINE days are Thursdays preceding date of publication. Circulation: 5,900.

Postmaster: Send address changes to TRACKS,

PO Box 2285, Anniston, AL 36202.

Commanding Officer.....Col. Brent Bolander
Public Affairs Officer.....Clester Burdell
Editor.....Jennifer Bacchus
Photographer.....Mark Cleghorn

Safety Office establishes plan for Safety Stand Down

from the ANAD Safety Office

Anniston Army Depot will have its Employee Appreciation and Safety Stand Down Day July 24. This year's Safety Stand Down Day will be a little different than those in the past.

As you can see from the schedule below, there are more activities requiring employee involvement.

By now, most of you have been involved in or heard of the commander's Target Zero program. During the Stand Down portion of the day, employees and supervisors should perform their own Target Zero within your work area.

The pictures accompanying this article show some of the items on the checklists which will be provided for you by your supervisor.

Time is allotted for employees to walk through their work area with coworkers and their supervisor, so everyone is aware of the findings and issues can be remedied on the spot, if possible.

Items found on the checklists which require service or work orders will be tracked to completion.

Members of the safety and environmental organizations as well as other depot compliance organizations will be available throughout the morning to visit work areas and answer questions or concerns employees may have.

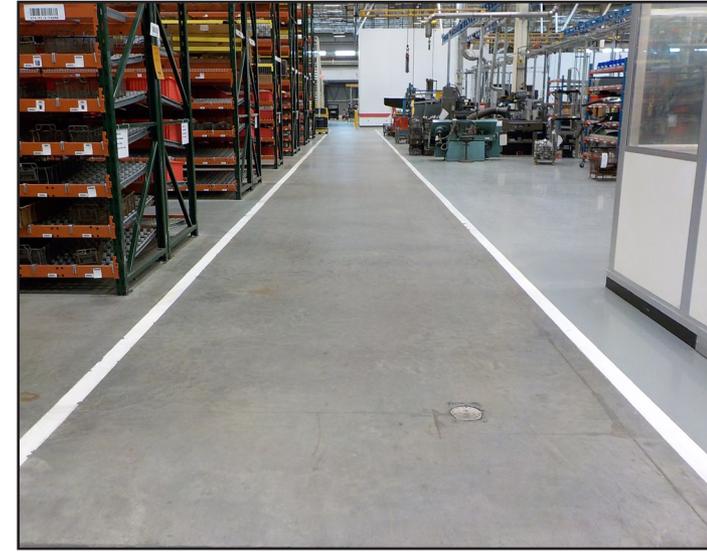
As always, call the Safety Office at Ext. 7541 or the Industrial Safety Office at Ext. 5123 if you have any questions.

Safety Stand Down schedule

7 a.m.	Six-minute huddle
7:15 a.m.	Safety Stand Down video introduction
7:30 a.m.	Employee cost center inspection
8 a.m.	Supervisor walkthrough
9 a.m.	Break
9:15 a.m.	Employee/cost center self help
10:15 a.m.	Mandatory employee training on the LAN
11 a.m.	Supervisor wrap-up

**For questions or assistance,
call the Safety Office at
Ext. 7541 or the Industrial
Safety Office at Ext. 5123.**

A FEW THINGS TO CHECK DURING SHOP INSPECTIONS



Courtesy photos

Keep aisle ways clear and unobstructed. As demonstrated in the above photos, items in the aisle, seen on the left, can pose a hazard. Walkways which remain clear of parts, hoses, wiring and other objects greatly contribute to a safe working environment.

Caution
Safety Glasses And
Safety Shoes
Required

Ensure signs, both inside and outside of your building, are correct and up-to-date.



Eye wash stations and showers are to be inspected weekly. Plumbed eye washes should be flushed weekly.



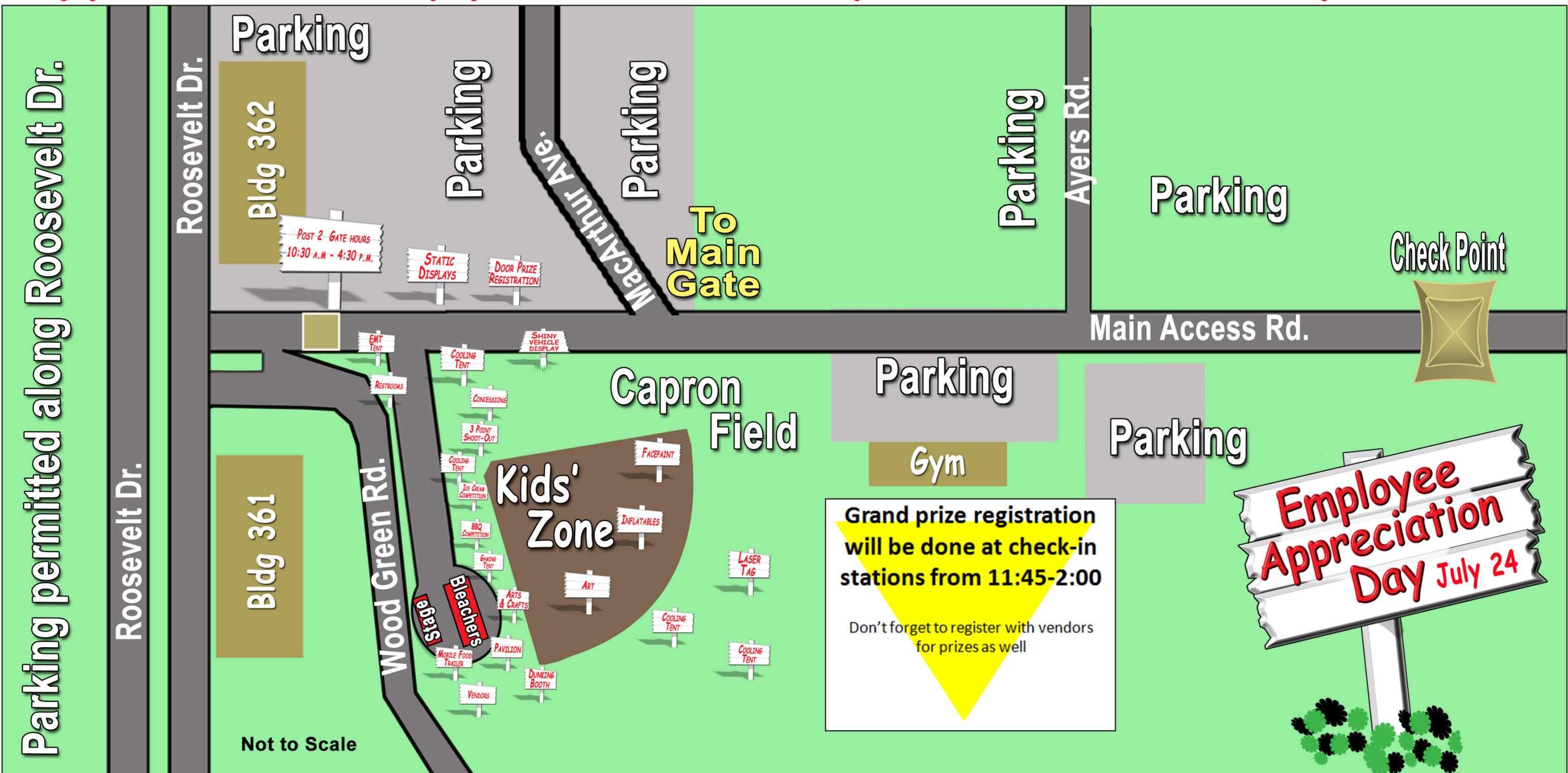
No combustibles should be stored in the flammable cabinets. Do not modify flammable cabinets in any way.

Employee Appreciation Day planned for July 24 at ANAD's Capron Field

Schedule of events

Note: times subject to change

- 12:00.....Opening Remarks at the stage
- 12:15-2:45.....Lunch
- 12:30-2:30.....Horseshoes
Rubber Puck
Corn Hole
BINGO
Bid Whist
- 12:30-3:00.....Dunking Booth
- 12:30-3:30.....Laser Tag (Ages 8 and older)
- 12:30-3:30.....Kids' Fun Zone
- 1:30-2:30....Three-Point Shoot-out
- 3:00-3:30..Contest Announcements
- 3:30.....Drawings



Bingham takes reins at TACOM

by Don Jarosz,
TACOM Public Affairs

WARREN, MICH. -- In a formal ceremony held June 25 at the Detroit Arsenal, Maj. Gen. Gwen Bingham took over as the commander of the U.S. Army TACOM Life Cycle Management Command, succeeding outgoing commander Maj. Gen. Michael J. Terry.

Officiating at the ceremony was Gen. Dennis L. Via, commanding general of the U.S. Army Materiel Command. Via told the audience that "Maj. Gen. Bingham is a trailblazer and exceptional Army leader."

Bingham received a warm welcome by the workforce and she told the crowd how excited she was to be at TACOM.

"I'm humbled, I'm proud and I am very grateful all at the same time," she said.

Bingham later commented on the importance of the Detroit region to the command.

"There is nothing that we do inside our gates without the full and outstanding support from those outside our gates," said Bingham.

Bingham previously served as the commanding general for the U.S. Army White Sands Missile Range in New Mexico. She has served at every level from company through theater support command and held a wide variety of important staff positions.

Terry had served as TACOM commanding general since June 2012. He will retire after 35 years of distinguished service during an August 15 ceremony hosted by the 13th Sustainment Command (Expeditionary) at Fort Hood, Texas.

The TACOM LCMC integrates Army acquisition, logistics, and technology responsibilities, authorities and processes to enable a closer relationship among all its partner organizations that develop, acquire and sustain the capabilities provided by ground and Soldier systems around the world.

Their mission is to provide and sustain mobility, lethality, and survivability for Soldiers, other services and our Allies through ground combat, automotive, marine and armaments technologies.



US Army photo

Maj. Gen. Gwen Bingham, right, receives the TACOM Life Cycle Management Command flag from Gen. Dennis Via, commanding general of the Army Materiel Command June 25.



Photos by Mark Cleghorn

Col. Lee Hudson, commander of Blue Grass Army Depot, passes the Anniston Munitions Center flag to Lt. Col. Wendell S. Moore, incoming commander of ANMC during the July 10 change of command ceremony.

ANMC welcomes Moore as new commander

from Staff Reports

ANAD PAO

Lt. Col. David L. Schmitt relinquished command of the Anniston Munitions Center to Lt. Col. Wendell S. Moore during a July 10 ceremony.

Moore comes to Anniston from Fort Knox, Ky., where he served as the executive officer to the Director, Officer Personnel Management Directorate, U.S. Army Human Resource Command.

Not a stranger to the area, Moore attended basic training at Fort McClellan.

As he prepared to take command he consistently heard positive things about ANMC and the tough mission the employees handle with aplomb.

"I look forward to working with you. I am excited to join your team," he said. "It's going to be fun. It's going to be great and, from start to finish, a winning team."

Schmitt, ANMC commander since July 26, 2012, is transferring to Fort Carson, Colo., to assume duties as the deputy com-

mander of the 71st Ordnance Group, Explosive Ordnance Disposal.

Schmitt thanked the employees of ANMC for their dedication to the organization's various missions and for their focus on safety.

"It's the work you do, every day, day after day, that makes a difference," he said.

The ceremony was presided over by the Blue Grass Army Depot Commander Col. Lee G. Hudson.

"It takes something to pick your family up and serve. It's not an easy life and it's not an easy path. Both these gentlemen have embraced it," said Hudson of Moore and Schmitt.

Under the Army's Joint Munitions Command, Kentucky's BGAD has command and control of ANMC.

ANMC, a tenant on the depot with approximately 110 government civilians, provides receipt, storage, shipment, maintenance, inspection, demilitarization and recycling of conventional ammunition and missiles in support of the warfighter.



Lt. Col. David Schmitt, outgoing commander of ANMC, thanked the employees for their dedication to safety and ANMC's mission during his tenure.

ANMC has been in existence in its current state since 1998, when it stood up operations for the first time as a major tenant activity under the name Anniston Defense Munitions Center. Before then, the same operations were conducted under the installation commander in the depot's Directorate of Ammunition.

AMC HQ employees visit depot

by Cherish Washington

AMC Public Affairs

Headquarters personnel seeing the broad impacts of their decisions and efforts is a rare occasion in professional development, but July 9, U.S. Army Materiel Command employees made the trip from the cubicle to the factory line to see one of AMC's 32 Organic Industrial Base facilities.

Around 50 members from across AMC staff sections volunteered for a trip to Anniston Army Depot in Anniston, Ala.

"I've always been impressed with AMC's mission, but I never had the opportunity to witness it," said Linwood Bowers, AMC facility manager.

The informal slogan of AMC is, "If a Soldier shoots it, drives it, flies it, wears it, eats it, or communicates with it, AMC provides it." Not only do employees on the installation repair combat vehicles and small arms, hundreds of ANAD employees have volunteered to deploy to repair shops around the world to quickly get damaged military equipment back to the troops.

Kathie Kiss in AMC's command counsel office oversees legal issues for AMC's depots and arsenals. "If I am going to effectively conduct oversight, I need to see it," she said. "I lack institutional knowledge that you get from serving in uniform. So this is an opportunity for me to acquire and fill in those holes."

AMC employees toured the small arms facility, the turbine engine facility, and the combat assembly and disassembly facility, which included an open dis-



Photo by Mark Cleghorn

Army Materiel Command employees learn about Anniston Army Depot's Small Arms Repair Facility during their July 9 tour.

cussion with ANAD Commander Col. Brent Bolander and a brief presentation by ANAD division leaders.

During the tour, staff learned that at Anniston, employees are the difference between whether a small arms weapon shoots or fails, and the difference of whether a M1 Abrams vehicle cranks or fails.

At Anniston, employees break down, rebuild, and test every weapon and combat vehicle that passes through the gates for the Army, Air Force, Navy and Marines.

"It takes everybody in this command to provide readiness from the headquarters all the way to the depot. I hope that people get a healthy appreciation for what the folks on the repair lines actually do. One of the most important roles of the headquarters is to support the subordinate formations

and if we are going to support them we need to see what they do," said John B. Nerger, AMC executive deputy to the commanding general. "There is nothing like visiting the depot first hand, and it reinforces our role in the entire enterprise. I hope it will also boost our own motivations and helps us realize why it is important that we do what we do at our level."

During the tour, AMC staff had the opportunity to ask questions of industrial trade workers, including mechanics, welders and machinists, see the reset process in action and gain an overall understanding of depot operations.

"This is a great professional development opportunity for all employees at AMC. It is important to get out and actually go to the depots and get an understanding of the mission, scope and role of the depots and arsenals," said Kevin Breuers, strategic planner.



Photo by Jennifer Bacchus

Maj. Aartif Hayat, M.D., standing, became the Dear Occupational Health Clinic's physician June 9.

Hayat is new clinic doctor

Maj. Aartif Hayat, M.D., is the new physician for Anniston Army Depot's Dear Occupational Health Clinic.

Hayat, born in Illinois and raised in Maryland, earned his undergraduate degree from the University of Maryland Baltimore County before joining the military and attending the Uniformed Services University of the Health Sciences for his doctoral studies.

He earned his medical doctorate in 2005 and was assigned to Tripler Army Medical Center in Hawaii for his internship.

Since that time, Hayat has served in the Sinai and in Maryland at the Walter Reed Institute of Research.

He deployed in 2011 with the 82nd Airborne for stability operations and recently served as the acting program manager for disease epidemiology for the U.S. Army Public Health Command.

Having done his residency both in preventative medicine and occupational medicine, Hayat is eager to again work in an occupational medicine setting.

"I was interested in this position because of the large scale industrial base," he said. "I'm excited to be here."

Applied Suicide Intervention Skill Training

When: Aug. 19-20

Where: Bldg 251, 0800-1630

Who should attend: Supervisors and Chaplain Care Team members who have not previously attended, family members and anyone interested in learning to identify coworkers and family members at risk for suicide.

Those interested in participating should register in TED under "ANAD ASIST T4T Training" or contact Sabra Mosley at Ext 3379.

AOD Federal Credit Union ATM removal

On Aug. 1, the AOD Federal Credit Union ATM located at the West Station Diner (Bldg. 371) will be permanently removed.

AOD Federal Credit Union apologizes for any

inconvenience this may cause. Thursday, July 31, is the last day the ATM will be functional at this location.

Customers may visit one of AOD's other ATMs, located at their

various branches. For a full list of ATMs in the bank's co-op network, visit <http://co-opatm.org/>. You may also visit <https://www.aodfcu.com> or call 800-637-0299 for more information.

Future leaders graduate in June DLAMP class

from Staff Reports, PAO

Anniston Army Depot graduated 15 individuals from its Depot Leadership and Management Program June 26. This was the eighth class in the program's history to complete the course in its entirety while on depot property.

The four-week course trains future depot leaders through classroom instruction and real world experience. The latter is done through a shadowing program as students are paired with current depot leaders.

"Spread the knowledge you have gained in this course as you use your experience across the depot," Chief of Staff Phil Trued said to the students, prior to presenting them with their certificates.

Following completion of the ANAD DLAMP course, students have one year in which to complete the next phase of their leadership training, a two-week CES residency course in Fort Leavenworth, Kan.



Photo by Mark Cleghorn

The June 26 DLAMP graduates were: Jeremy Barnett, Directorate of Engineering and Quality; Jackie Burch, Directorate of Emergency Services; John Dimartino, DEQ; Tony Graben, Directorate of Production; Gary Harvey, Anniston Munitions Center; Jeffery Kay, DP; Keenon Patterson, DP; Keith Purinton, DES; Bobby Quinn, DP; Philip Roden, DP; Jason Spiering, ANMC; Billy Thomas, DP; Trinity Thomas, Directorate of Information Management; Michael Sanders, DOIM; and Charles Wright, DOIM.

ANAD ACS hosts Reintegration Marriage Retreat

by Tim Rolfe, ACS

The 2014 Reintegration Marriage Retreat was held June 20-22 at Lake Guntersville State Park Lodge.

Fifteen couples attended the retreat, which was hosted by Army Community Service, to include Army Reserve and National Guard members from Anniston Army Depot and the surrounding community.

Units represented at the event include the 167th Theater Sustainment Command, Fort McClellan Training Center and the 490th Chemical Battalion.

The focus of the retreat was strengthening military families who have been impacted by the deployment cycle.

Participants were provided with intensive training sessions coupled with team building activities to create more resilient relationships to face future family challenges with confidence.

The weekend began with a basic meet and greet for participants to get to know one another.

The meet and greet was followed by a team building activity called the "Nuly-Wed" game. Participants competed by showing off how well they thought they knew their spouse.

This activity reinforced the need to check-in with your partner from time to time and explore each other's goals, dreams and desires as these things are constantly changing. According to researcher; Dr. John Gottman, this is a technique called "love mapping." Dr. Gottman reports that knowing our spouses more intimately has proven to sustain most couples during trials and seasons of difficulty.

Maj. Derek Smith, chaplain for the 31st CBRN Brigade, supported the event and provided insightful training from the Prevention and Relationship Enhancement Program.

His expertise surrounding the issues of deployment, effective communication, problem solving and healthy families was very helpful and greatly appreciated. The participants were

introduced to *The Five Love Languages*, highly effective relationship enhancement skills developed by Gary Chapman.

Exploring love languages inspires couples to enrich their relationships by becoming acquainted with, and speaking their spouse's love language as often as possible.

The retreat included the Army's Comprehensive Soldier Fitness/Master Resiliency Training, where couples explored how to become more resilient within their interpersonal relationships by hunting the good stuff. This concept was reinforced during a scenic hike through the trails of Lake Guntersville where couples were provided an opportunity to communicate all of the positive aspects that exist within their relationship.

The weekend concluded with a session called "Hot Topics." Throughout the weekend, couples were encouraged to submit questions anonymously via the Hot Topics box. This



Courtesy photo

Maj. Derek Smith, chaplain for the 31st CBRN Brigade, (standing) speaks to participants during Anniston Army Depot's 2014 Reintegration Marriage Retreat at Lake Guntersville State Park.

activity generated some of the most robust discussions of the weekend and covered various topics including overcoming relationship challenges, how to keep your relationship fresh and

how to stay connected when deployed. The participants were then presented with an individualized award highlighting positive aspects about their uniqueness as a couple.