



# TRACKS

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## New division assists in production planning

by Jennifer Bacchus

ANAD PAO

On Feb. 23, a new division stood up within the Directorate of Production Management.

The Program Control Division, which consists of the Master Data Branch, Master Schedule Team and Program Review Team, was created based on lessons learned through the Logistics Modernization Program.

The Master Data Branch grew out of a need to bring together the employees who input data with those who verify accuracy.

“As we traveled on our journey to LMP optimization, we learned how critical accurate system data is,” said Billy Bickerstaff, director of production management. “The accuracy of our data drives our business, as it is required to make critical management decisions.”

Before the reorganization, the Directorate of Material Management controlled data input, yet DPM was responsible for its accuracy.

“Master data is the foundation for the master production schedule,” said Shawn Magouyrk, acting chief of the Program Control Division.

Magouyrk said this data consists of the materials, personnel and capacity available for each vehicle or weapons system program. This information must then be compared to the needed quantities of each in order to meet the production schedule.

Robert Wolfe and his Master Schedule Team are responsible for creating and maintaining the master production schedule, performing workload analysis, forecasting revenue and analyzing core workload for the installation.

“I have to look at the available people, capabilities and capacity to make sure they all work together,” said Wolfe.

In order to do that, he has to know every weapon and vehicle system the installation is capable of maintaining.

His education in the depot’s various systems began on the shop floor, first as a contractor and later as a forklift operator and mechanic.

When he was accepted into a role in planning, his education continued as he saw the entire scope of where parts went for reclamation or repair and how the flow of work moved through the industrial area.



Photo by Jennifer Bacchus

Eli Smith, Robert Wolfe and James Simmons, left to right in the above photograph, review a spreadsheet showing vehicle programs. The trio comprise the Master Schedule Team for Anniston Army Depot.

Wolfe said the most difficult part of the team’s job is projecting revenue because of the differences in each program.

“A small arms program is not going to earn as much revenue as a M1 and the M1 is not going to earn revenue at the same rate as a M113,” he said.

In order to factor in the variables, the team has to work with historical data, which Wolfe built for each weapon and vehicle program.

The other team for the Program Control Division, the Program Review Team, was also established as a result of LMP.

The team is responsible for assessing and creating cost estimates prior to approval of projects as well as reviews throughout the project and their closeout and analyses.

“We determined, through LMP, that we needed these processes centralized with the program managers,” said Magouyrk. “This small team can focus on those specific areas of production management.”

Additionally under the oversight of the Program Control Division is the LMP Lab, a contractor-operated facility offering workshops for specific LMP topics and problem solving assistance on a walk-in basis for all LMP users.

### Inside TRACKS

#### Climate survey

The depot’s leadership seeks input from employees via a computer-based survey.

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#### Full circle

A depot employee works on some of the same vehicles he used as an active duty Soldier.

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#### Marines visit

A group of Marines capped off training on the M1 Abrams tank with a tour of ANAD’s overhaul and repair operations.

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#### Eye Wellness Month

Do you wear eye protection every time you should? Even at home?

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#### Choose to Lose

The Choose to Lose competition recently ended at ANAD.

See results on page 8.

# ISRC helps sustain depot core missions

from Staff Reports

ANAD LBDO

There has been a continuous increase and decrease in workload throughout the defense industrial base. Historically this change is most dramatic following major conflicts involving our armed forces.

The end of Operation Iraqi Freedom was no exception; in fact, Anniston Army Depot has already experienced a significant drop in production.

As OIF drew down, the realization of enduring yet another downturn in work caused ANAD to look for new ways to mitigate the ebb and flow.

The question of what other ways to generate production for the depot was raised. The installation found an entrepreneurial approach, never attempted at a depot, which could contribute to its long term strategic needs.

Over five years ago, a proven business model concept was set in motion at ANAD to extend the depot's capabilities and attract a broad range of customers across a wide spectrum of requirements.

The basic premise was to appeal to both traditional and non-traditional depot customers with the intent of generating current and future core workload.

The plan is to accomplish this by:  
(1) Offering capabilities like original equipment manufacturers to a broad range of customers across the military services and U.S. government agencies

(2) Securing opportunities a customer might not habitually turn to ANAD to perform

(3) Facilitating a rapid response government-to-government environment with streamlined acquisition timelines

(4) Generating sustained requirements for increased maintenance opportunities at the depot

The concept became reality in August 2012 when the Joint Venture of Redstone Defense Systems became the support contractor to ANAD's Integrated Systems Response Center, a government-owned/government-operated entity capable of developing and executing programs that might otherwise go to Original Equipment Manufacturers.

Within the first 16 months, the organization found success.

Notable efforts include the M160 Tele-Operated Mine Flail, the U.S. Marine Corps Assault Breacher Vehicle Stabilized Commander's Weapons Stations, the Stryker Back-Up Steering Pump and the TALON IV Small Robot.

The M160 Mine Flail is a commercial, off-the-shelf program in which the Robotic Systems Joint Project Office requires transition to a program of record. The ISRC is currently developing a level II and III technical data package with 3D modeling, delivering a line replacement unit analysis as well as provisioning and developing four national maintenance work requirements packages.

ANAD provides program oversight, subject matter expertise and will contribute to the NMWR prototype, validation and verification events. This sets conditions for a depot to overhaul the M160 Mine Flail, rather than a commercial entity.

The USMC ABV office requires production of 52 Stabilized Commander's Weapons Stations. Training support development and technical manual updates are also required. Previously, production was performed by commercial sources. However, the ISRC positioned ANAD to produce the SCWS and set conditions for other potential Marine Corps work.

Program Manager Stryker awarded ANAD an effort to validate and verify requirements for special tools and test equipment for the Stryker Back-Up Steering Pump. This effort was completed ahead of schedule and at significantly lower price than larger commercial sources, demonstrating the ISRC's capability to design and provide components and develop documentation. This project may generate future depot overhaul requirements.

The Robotic Systems Joint Project Office contracted with ANAD to update technical manuals and develop NMWRs for the TALON IV. This effort will enable the customer to utilize depot maintenance for future overhauls.

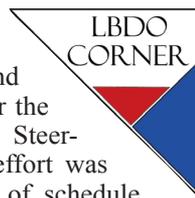
The ultimate objective of the ISRC is to generate near and long-term work for the depot.

The Logistics and Business Development Office has primary oversight responsibility of the center, with the Anniston Contracting Office in direct support.

The Directorate of Engineering and Quality played a significant role in planning and execution of efforts, with the Directorate of Production Management and Directorate of Material Management supporting the program when needed.

The ISRC organization and operations continue to evolve as lessons are learned and installation directorates become more familiar with its purpose, capabilities, programmatic discipline and processes.

The ISRC is intended to extend ANAD's capabilities and appeal to customers as an alternative to other sources. There is still much work to be done in introducing the center to a variety of customers, but the initial momentum validates the business model. Simply put, ANAD is generating work today to contribute to its core tomorrow.



## Employees encouraged to give input via climate survey

The Organizational/Command Climate Survey is now available for completion by Anniston Army Depot employees (excluding tenant organizations and contractors).

The survey will be open for access until midnight April 12.

To access the survey, use the password provided by your directorate.

The survey is conducted on a voluntary basis. However, depot employees are encouraged to participate and provide their perceptions, opinions and experiences relevant to the various questions.

To access the survey, go to the following website: <https://www.deocs.net/user4/login/login.cfm>.

The Hard Drive Café, located in Bldg. 100, is open for employees who do not have computer access.

Transportation will be provided according to the bus schedule:

Pickup times are 8 a.m. and 1 p.m. at the following building locations:

- 104 West
- 106 West
- 108 East
- 421 Center
- 400 Center
- 474 North
- 130 East
- 409 West
- 128 Center
- 131 East
- 131 North

Results from this survey will allow the command to assess the organizational climate. All surveys are anonymous and contain only demographic data of the respondents.

### Report Suspicious Activity or Behavior



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## Marine mechanics visit depot

Six Marines, including two instructors, from the M1A1 Tank Technician Course taught at Fort Benning, Ga., toured Anniston Army Depot March 13.

During the visit, they saw how the installation is able to completely disassemble a M1 Abrams tank to its smallest components and rebuild it to better than new condition.

“All we typically see is the end result,” said Sgt. Cory Holdorf, a mechanic in the course.

Holdorf and the others particularly enjoyed a cut out showing the inner workings of an AGT1500 engine, which powers the M1.

The cut out brought theory the Marines learned in the classroom to reality.

“It brought the engine to life,” said Sgt. John Macoy.

The men were also impressed by the number of work areas used to remanufacture components as well as the dedication of the depot workforce.

“We want to thank the employees for their hard work and dedication to equipment we work on, train on and, most importantly, take to war,” said Macoy.



Photo by Jennifer Bacchus

Marines from Fort Benning's M1A1 Tank Technician Course tour the depot's Combat Vehicle Repair Facility March 13.

# Employee repairs same vehicles he used as a Soldier

by Jennifer Bacchus

ANAD PAO

Charles Travis grew up on a farm in Southeast Missouri. There, he learned how important it can be to know how to repair the equipment you depend upon.

It's a lesson he carried through his career in the Army and into his current job as a mechanic for Anniston Army Depot's Directorate of Production.

“Basically, I'm doing the same job now as I have been since I was 17 years old,” said Travis.

He joined the Army in 1983, choosing to go into field artillery for the bonus. Throughout his training in Fort Sill, Okla., his first post in Germany and his first state-side assignment in Fort Benning, Ga., Travis worked with howitzers, even learning to operate the M109 Paladin.

Later, when he joined the rolls at ANAD in 1999, he saw the same Paladin he took his driver's test in being upgraded here.

In 1987, Travis changed his military occupational specialty to a Bradley system mechanic, but quickly notes he worked on far more than Bradley vehicles.

“There is no such thing as just a Bradley mechanic,” he said. “You fix everything you can, especially when you are deployed.”

He was serving as a mechanic in Germany when the Berlin Wall fell in November of 1989. During that time, he and others from his unit were sitting on the border, in case a military presence was needed.

While in Germany, Travis also had his first interaction with Anniston Army Depot. He was tasked to assist depot employees with cleaning air modules on Armored Vehicle

Launched Bridges.

“That was my first experience with an AVLB. I had never launched one, so I had to read the manual,” he said.

He left Germany for Fort Riley, Kan., but on American soil less than a year before being ordered overseas again – this time in support of Desert Storm.



Photo by Jennifer Bacchus

Charles Travis has seen numerous vehicles he worked on while serving as a mechanic in the Army come through Anniston Army Depot.

“One hundred and seventy days after I left Germany, I was sitting in Saudi Arabia receiving M1s from Anniston,” said Travis.

Desert Storm taught him to trust the quality of products he received from ANAD.

“Out of all the equipment I got from Anniston while I was in Saudi, I only had one engine fail,” said Travis, adding the engine failed not because of parts ANAD employees had worked on, but because of a cracked rubber seal.

During his time in the military, he worked on every tracked combat vehicle. The experience and training prepared him for his civilian career at ANAD.

In July of 1998, Travis left the active Army. Approximately six months later, he hired in as a term employee.

The job offered him the work he loved – turning wrenches and fixing equipment – combined with a little of the travel he had become accustomed to in the Army.

“I hired in here Jan. 2, 1999. On Jan. 20, I was in Fort Knox on temporary duty assignment,” said Travis. “Being in the field is no big deal to me, though. I'm a mechanic. That is where we work.”

Throughout his 15 years on the installation, he not only has seen the Paladin from his driver's test on the disassembly line, he has also seen several M1s he cared for during Desert Storm be converted to Assault Breacher Vehicles.

His move to the civilian side of the Army wasn't the end of his military service. In 2000, Travis enlisted in the U.S. Army Reserves, serving with the 490<sup>th</sup> Chemical Battalion during their deployments for Operation Iraqi Freedom.

He retired from military service in 2007 and was recently awarded his 30 year pin for time in federal service.

## IN THE SHOPS



Photos by Mark Cleghorn



## Building it right

ABOVE: Employees in the depot's Nichols Industrial Complex check repairs on a Stryker vehicle. LEFT: Donald Turner, left, and Alonzo Calloway assemble a driver's seat for a M1 Abrams tank in the depot's Component Repair Branch.



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# ANAD honors mentors

by Jennifer Bacchus, PAO

Joan Frazier shared some amusing and always enlightening things which could happen to mentors during Anniston Army Depot's annual Mentorship Luncheon March 13 at the DeSoto Pastime Center.

Frazier, who is currently serving as a consultant to the incoming Anniston City Schools superintendent, will retire from the school system in June.

She thanked the mentors present at the event for the positive impact they have had in the lives of children.

"You may be making a friend for the rest of your life," Frazier said of the mentor/mentee relationship. "You don't realize how impactful you

can be."

Mentors spend an average of one hour a week with their student mentee, encouraging them and helping them see hope in the future and a way to make their lives better.

Frazier said the relationship between a mentor and the student not only affects the child in the present day, but may also help them establish and maintain relationships in the future.

The depot has mentorship agreements with 29 schools in three local school systems. More than 40 mentors give their time each week to aid students.

If you would like to be part of the ANAD Mentorship Program, contact the mentorship coordinator at Ext. 5814.



Photo by Jennifer Bacchus

Joan Frazier, who will soon retire as superintendent of the Anniston City School System, spoke to Anniston Army Depot's mentors during the annual Mentorship Luncheon.

# Protecting your eyes from injury

from the National Safety Council

The gift of sight is irreplaceable. Thousands of eye injuries occur in the workplace each year, which makes wearing proper eye protection so important.

All it takes is a tiny sliver of metal, particle of dust or splash of chemical to cause significant and permanent eye damage. March, which is Workplace Eye Wellness Month, is a great time to review eye and face protection regulations.

Typical eye injuries occur by rubbed or abraded foreign matter, such as metal chips, dirt particles and splinters, or by striking the eye. Surface wounds, such as abrasions, scratches and foreign bodies (splinters and chips), are among the most common types of injuries to the eyes.

Other hazards include, but are not limited to, chemicals, adhesives, radiation, tools and equipment. The highest categories contributing to eye injuries are related to household, workplace and sports.

## On-the-job eye protection

You may be exposed to several hazards at the same time. The right equipment can protect your eyes against irritation and injury. Ask your supervisor or industrial hygienist to help you select the right eye protection.

If you need prescription eyeglasses, make sure your goggles or spectacles have prescription eyeglass lenses or wear extra protection over your prescription eyeglasses.

Contact lenses do not provide protection from on-the-job eye hazards. If you wear contact lenses, be extra cautious around gases, vapors, fumes and dust. Wear eye protection equipment in addition to contact lenses. Follow the specific management policies on contact lenses in your workplace.

## Types of eye protection include:

- Spectacles – Semi/flat-folded sideshield – provides primary protection against impact and optical radiation. Sideshield spectacles are recommended.

- Goggles – There are many different kinds of goggles, varying in appearance and protection:
  - Flexible fitting, regular ventilation – cushions the face, protects eyes at sides, top and bottom.

- Flexible fitting, hooded ventilation – protects against impact, sparks, chemical splashes and dust.

- Cushioned fit, rigid body – protects against impact, sparks, chemical splashes, irritating mists and dust.

- Welding goggles, eye-cup type, filter lenses – pro-

tects against glare, sparks and welding flash.

- Chipping goggles, eye-cup type, clear safety lenses – protects against hot sparks and nuisance dust.

- Face Shield (plastic or mesh window) – designed to protect the whole face; must be supplemented with safety glasses.

- Welding Helmet – stationary window or lift-front window – protects from welding, soldering and brazing. Must be supplemented with safety glasses.

## Off-the-job eye protection

Four out of ten accidents causing blindness happen at home. Off-the-job eye injuries happen because of:

- Do-it-yourself work on cars and homes

- Cooking accidents
- Chemical splashes from pesticides, fertilizers, drain cleaners and cleaning sprays

- Sports injuries while playing tennis, racquetball, baseball, etc.

- Yard work from cutting grass, trimming trees/bushes and using a weed whacker

## Wear the right protection for the job you are doing

- Choose sunglasses offering protection from the sun's ultra-violet rays.

- Wear eye protection while

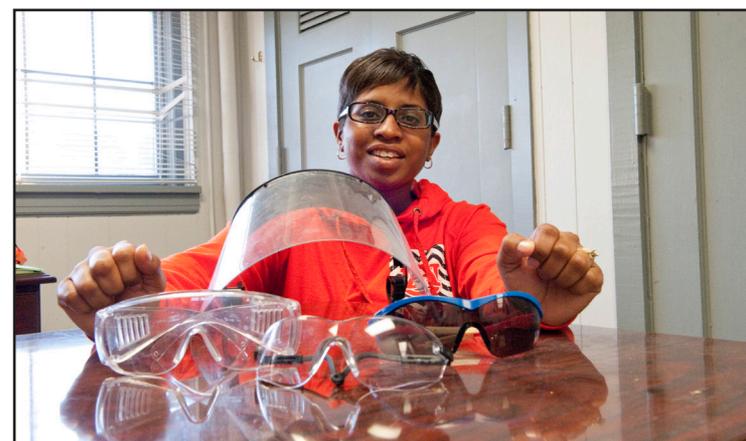


Photo by Jennifer Bacchus

The Safety Office's Erica Long showcases types of eye protection used by the depot workforce.

doing repair jobs and working with chemicals at home.

- Wear eye protection when playing ball sports.

- Wear eye protection over contact lenses and prescription eyeglasses.

## What to do in case of an emergency

### Chemical splash:

- Don't squeeze the eyes shut. Hold them open with the thumb and index finger.

- Flood eyes with cool, clean water for 15-20 minutes.

- Get medical help as soon as possible. If you can, have the chemical container and its label available for evaluation.

- Do not use another chemical to neutralize the spilled chemical.

### Flying particles:

- Do not try to remove anything embedded in the eye. You could cause further damage.

- Do not pull or squeeze the eye.

- Cover both eyes to prevent movement.

- Get medical help as soon as possible.

### Radiation injuries and burns:

- If the eyes are exposed to intense heat, flames, lasers or welding radiation, apply ice packs to relieve the pain.

- Get medical attention as soon as possible.

### Blows to the eyes:

- Apply ice packs to control swelling and relieve pain.

- Cover both eyes to prevent movement.

- Get medical attention as soon as possible.

## MARCH IS NATIONAL NUTRITION MONTH

# Give your plate a taste lift without forfeiting nutrition

from the Academy of Nutrition and Dietetics

CHICAGO – When it comes to choosing what to eat, nutrition is important, but flavor is likely the true motivator and also the key to eating right, according to the Academy of Nutrition and Dietetics. This March, during National Nutrition Month®, AND encourages everyone to experiment with new flavors and flavor combinations in healthy meals and “Enjoy the Taste of Eating Right.”

“According to consumer research, taste tops nutrition as the main reason why consumers buy one food over another. The foods we most commonly eat are often those we enjoy the most,” said registered dietitian and Academy spokesperson Joy Dubost. “So, make taste a priority when preparing nutritious meals.”

Preparing meals can be healthy, rewarding and cost-effective. Dubost offers cooking tips to help enhance flavor without adding extra fat, calories or salt.

To maximize food’s flavor and nutrition, choose high-quality ingredients at their peak quality and store and handle foods properly.

“Proper food handling and storage can enhance the natural flavors of food and keep nutrient loss to a minimum,” said Dubost. “Overcooking can destroy both flavor and nutrients. So, cook foods properly to retain nutrients and enhance flavor, color, texture and overall appeal.”

Try some of these simple techniques to enhance flavor while experimenting with flavor combinations:

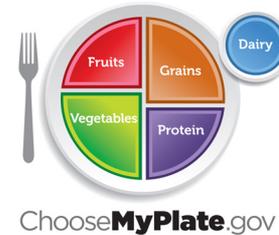
- Intensify the flavors of meat, poultry and fish with high-heat cooking techniques such as pan-searing, grilling or broiling.
- Pep it up with peppers. Use red, green and yellow peppers of all varieties – sweet, hot and dried. Or add a dash of hot pepper sauce.
- Try grilling or roasting veggies in a very hot (450°F) oven or grill for a sweet, smoky flavor. Brush or spray them lightly with oil so they don’t dry out. Sprinkle with herbs.
- Caramelize sliced onions to bring out their natural sugar flavor by cooking them slowly over low heat in a small amount of oil. Use them to make a rich, dark sauce for meat or poultry.
- Simmer juices to make reduction sauces. Concentrate the flavors of meat, poultry and fish stocks. Reduce the juices by heating them – don’t boil. Then use them as a flavorful glaze or gravy.
- For fuller flavors, incorporate more whole grains, such as brown rice or quinoa, or experiment with amaranth and wild rice.
- Add small amounts of ingredients with bold flavors like pomegranate seeds, chipotle pepper or cilantro.
- Add a tangy taste with citrus juice or grated citrus peel: lemon, lime or orange. Acidic ingredients help lift and balance flavor.
- Enhance sauces, soups and salads with a splash of flavored balsamic or rice vinegar.
- Give a flavor burst with good-quality condiments such as horseradish, flavored mustard, chutney, wasabi, bean purees, tapenade and salsas of all kinds.

The Academy of Nutrition and Dietetics is the world’s largest organization of food and nutrition professionals. The Academy is committed to improving the nation’s health and advancing the profession of dietetics through research, education and advocacy. Visit the Academy at [www.eatright.org](http://www.eatright.org).

### 10 tips for healthy meals

A healthy meal starts with more vegetables and fruits and smaller portions of protein and grains. Think about how you can adjust the portions on your plate to get more of what you need without too many calories. And don’t forget dairy - make it the beverage with your meal or add fat-free or low-fat dairy products to your plate.

1. Make half your plate veggies and fruits. Vegetables and fruits are full of nutrients and may help to promote good health.
2. Add lean protein. Choose protein foods, such as lean beef and pork, or chicken, turkey, beans, or tofu.
3. Include whole grains. Aim to make at least half your grains whole grains. Whole grains provide more nutrients, like fiber, than refined grains.
4. Don’t forget the dairy. Pair your meal with a cup of fat-free



or low-fat milk. This provides the same amount of calcium and other essential nutrients as whole milk, but less fat and calories. Don’t drink milk? Try soy milk (soy beverage) as your beverage or include fat-free or low-fat yogurt in your meal.

5. Avoid extra fat. Using heavy gravies or sauces will add fat and calories to otherwise healthy choices. For example, steamed broccoli is great, but avoid topping it with cheese sauce. Try other options, like a sprinkling of low-fat parmesan cheese or a squeeze of lemon.

6. Take your time. Savor your food. Eating very quickly may cause you to eat too much.

7. Use a smaller plate. Use a smaller plate at meals to help with portion control. That way you can finish your entire plate and feel satisfied without overeating.

8. Take control of your food. Eat at home more often so you know exactly what you are eating. If you eat out, check and compare the nutrition information. Choose healthier options such as baked instead of fried.

9. Try new foods. Keep it interesting by picking out new foods you’ve never tried before, like mango, lentils, or kale. You may find a new favorite.

10. Satisfy your sweet tooth in a healthy way. Indulge in a naturally sweet dessert dish, fruit. Serve a fresh fruit cocktail or a fruit parfait made with yogurt. For a hot dessert, bake apples and top with cinnamon.

### 10 tips to help you eat more vegetables

It’s easy to eat more vegetables. Eating vegetables is important because they provide vitamins and minerals and most are low in calories. To fit more vegetables in your meals, follow these simple tips. It is easier than you may think.

1. Discover fast ways to cook. Cook fresh or frozen vegetables in the microwave for a quick-and-easy dish to add to any meal. In the microwave, steam green beans, carrots or broccoli in a bowl with a small amount of water for a quick side dish.
2. Be ahead of the game. Cut up bell peppers, carrots or broccoli. Pre-package them to use when time is limited. You can enjoy them on a salad, with hummus or in a veggie wrap.
3. Choose vegetables rich in color. Brighten your plate with vegetables that are red, orange or dark green. They are full of vitamins and minerals. Try acorn squash, cherry tomatoes, sweet potatoes or collard greens. They not only taste great, but are good for you.
4. Check the freezer aisle. Frozen vegetables are quick, easy to use and just as nutritious as fresh veggies. Try adding frozen corn, peas, green beans, spinach or sugar snap peas to some of your favorite

dishes or eat them as a side dish.

5. Stock up on veggies. Canned vegetables are a great addition to any meal. So, keep on hand canned tomatoes, kidney beans, garbanzo beans, mushrooms and beets. Select items labeled as “reduced sodium,” “low sodium” or “no salt added.”

6. Make your garden salad glow with color. Brighten your salad by using colorful vegetables, such as black beans, sliced red bell peppers, shredded radishes, chopped red cabbage or watercress. Your salad will look and taste good.

7. Sip on some vegetable soup. Heat it and eat it. Try tomato, butternut squash or garden vegetable soup. Look for reduced- or low-sodium soups.

8. While you’re out. If dinner is away from home, no need to worry. When ordering, ask for an extra side of vegetables or a side salad instead of the typical fried side dish.

9. Savor the flavor of seasonal vegetables. Buy vegetables that are in season for maximum flavor at a lower cost. Check your local supermarket specials for the best-in-season buys. Or visit your local farmer’s market.

10. Try something new. You never know what you may like. Choose a new vegetable and add it to your recipe or look up how to fix it online.

# notes from around the TRACK



With sadness, we report ANAD has lost two members of the team.

## LEVY

Lt. Col. Ronald M. Levy (ret.) died March 12, 2014.

An environmental protection specialist for the Directorate of Risk Management, he was retired from the US Army and had more than 10 years of civilian service at the depot. He recently spent eight months as the interim depot safety office manager for the installation. Survivors include his spouse, three children, two grandchildren, his parents, and two siblings.

## GRISSOM

Michael D. Grissom, artillery repairer for the Directorate of Production, died March 18, 2014.

Grissom had more than nine years of civilian service at the depot. Survivors include his spouse, two children, three step-children, eight grandchildren, his mother and four siblings.

## The Morning Show

The Morning Show currently broadcasts on a biweekly schedule, airing live every other Wednesday at 7:05 a.m. on Local Area Network channel 21.

If you have a topic or content you would like to see shared on The Morning Show, contact the Public Affairs Office at Ext. 6281.

If you are unable to catch the live broadcast, there are two ways you can tune in.

Computer users may view the show on IPTV or it can be seen on LAN channel 21 during these rebroadcast times:

Wednesday: 10:30 a.m., noon, 2 p.m., 4:30 p.m., 10 p.m., midnight and 2 a.m. (Wed. night/Thurs. morning)

Thursday/Friday: noon and 10 p.m.

## LMP Sustainment Training Schedule

Logistics Modernization Program users who are interested in the following courses may find additional information about the following courses and register for applicable classes in the Total Employee Development system.

These courses are open to all LMP users who meet the individual course prerequisites, which can be found in the Total Employee Development system.

Interested employees may learn more about these classes and receive additional information in TED.

Additionally, in TED, there is a 90-day schedule of all courses offered. All courses for Anniston Army Depot begin with ANAD LMP.

4/09/2014	Managing PO Backorders
4/21/2014	Expeditor Role-Based Training
4/21/2014	LMP 101
4/21/2014	LMP Navigation
4/22/2014	Timekeeping



## Hazardous Waste Storage

Anyone entering the Hazardous Waste Storage Facility should first stop at the office and contact a facility employee.

When turning in aerosol cans, a bag tag must be obtained from the office and be attached to the bag of used cans. This tag will identify the cost center, building number and supervisor for the waste item turn-in.

If other waste is being turned in, a similar form is required. A material safety data sheet is needed for each item being turned in except aerosol cans.

For more information, contact the HWSF at Ext. 7409 or 6624.

**Have a story for  
TRACKS?  
Call PAO at Ext. 6281!**

## Musicians wanted

The Calhoun County Community Band is seeking volunteer musicians.

The band meets weekly on Tuesday evenings at Jacksonville First Baptist Church.

For more information, call 256-473-3603 or search for the group on Facebook.

## Employment verification

The new Employment Verification Tool replaced the Worknumber for Everyone Feb. 11, 2011. The Worknumber for Everyone service is no longer available for verification of employment and/or salary information.

All appropriated fund and non-appropriated fund employees can now use the Employment Verification Tool via their myBiz account. Employees are responsible for providing proof of their employment and/or salary information to organizations or persons making the request.

MyBiz may be accessed through the Civilian Personnel Online website at <http://cpol.army.mil/>

Employees may have to register their Common Access Card before being able to log in to MyBiz.

## Global Address List phone numbers

Anniston Army Depot telephone numbers disappeared from the Enterprise E-mail address book when the Army disconnected the EDS-Lite feature, which fed information into the Global Address List. DOIM was not notified of this change at the time.

Since the depot is now on Enterprise E-mail, users must update their own telephone number in MilConnect in order for it to appear on the Enterprise E-mail address list.

Update your information in MilConnect following these directions:

- Go to the MilConnect website at <https://www.dmdc.osd.mil/milconnect>
- Click the "Sign In" link at the upper right corner
- Click "Ok" in the Self-Service Consent to Monitor screen
- Choose the "CAC (Common Access Card)" login
- Select your e-mail certificate and enter your CAC PIN (if requested)
- Go to the "Quick Links" section at the upper right side of the screen
- Click the "Update Global Address List" link
- In the upper left of the screen, you will see two tabs next to "Update and View My Profile"
- Click the appropriate tab for either "CIV (Civilian)" or "CTR (Contractor)"
- Enter your telephone number(s) and any other information you wish to update

**IMPORTANT NOTE:** Under the "Duty Installation/Location" line of the "Personal Information" tab, please ensure Anniston Army Depot is selected. Without this, your name will not appear in the Anniston Address List.

- Click the "Submit" button
- Click "Sign Out" in the upper right hand corner

Please be patient. It can take up to 96 hours for the changes to appear in the Global Address List.

If you need assistance, contact the DOIM Helpdesk at Ext. 4357.

## Hard Drive Café



A computer lab is available 24/7 for all depot employees on the west end of Bldg. 100 in the Nichols Industrial Complex.

An access card must be used to enter the lab. Access cards are available through directorate training coordinators or secretaries.

# fmwr happenings

from DCFA



Photos by Jennifer Bacchus

## Choose to lose winners

The 2014 Choose to Lose competition began in January with 40 participants. This year, employees competed as individuals, rather than teams, and accumulated points based on weight loss and challenges.

Following the final weigh-in on March 19, Lashun-tae Hines, above, and James Robinson had the most points. Hines lost 32 pounds during the competition and had 36 points and Robinson had 33 points and 29 pounds lost.

The duo said reducing their intake of sweets and drinking water helped to shed pounds more and the challenges gave them a deeper understanding of nutrition.

Congratulations to all the participants!



## Another drug on the streets

by Angela Durant, ADCO

There is another dangerous drug on the streets. The drug, called wax, is a distillation of marijuana and is said to be more potent than smoking 20 marijuana cigarettes. It will keep a person high for more than a day.

“There is no weed out there that possesses the punching power the wax does,” an anonymous undercover U.S. Drug Enforcement Administration informant told ABC News’ Nightline. “And it’s like smoking 20 joints of the best grade of weed that you have into one hit of the wax.”

The side effects of this drug are an onset of psychosis and possible brain damage from exposure to the high concentration of the drug.

More information about this drug can be found on the DrugFree.org or DEA.gov websites.

Employees on Anniston Army Depot are to be reminded that marijuana in any form is illegal in the federal government.

## DeSoto Pastime Center

Lunch: 11 a.m. to 1:30 p.m. Monday through Friday. For to-go orders, call 256-235-7160.

Socialize: Monday and Tuesday evenings from 3:30-8 p.m., Wednesday and Thursday from 3:30-10:30 p.m. and Friday from 3:30 p.m. to midnight.

Big Bingo: Bingo with a \$1,000 progressive jackpot is played each Thursday at 6 p.m.

Electronic Bingo: Bingo is played daily starting at 3:30 p.m.

For more information on events, contact the DeSoto Pastime Center at 256-235-7160.

## Dining facility info and hours:

### Nichols Dining Facility and West Station Diner

Breakfast: 8-9:30 a.m.

Lunch: 11 a.m.-12:30 p.m.

Menu Line: 256-235-6368

Nichols Phone: 256-235-7127

West Station Phone: 256-235-6368

### Java Café East

Hours: 7 a.m.-1 p.m.

Phone: 256-240-3526.

## Spring Bass Tournament

Morale, Welfare and Recreation is hosting a Spring Bass Tournament Saturday, March 29, on Lake Logan Martin.

The entry fee is \$80 per boat and includes entry for the \$200 Big Fish Award.

Launch and weigh-in will be at Riverside Landing in Riverside, Ala. Anglers must pay their own launch fee.

The tournament begins at first safe light and boats will be launched in order of registration. Weigh-in is at 3 p.m.

For more information, contact MWR Outdoor Recreation at 256-235-6768.

## Making Tracks 5K

The 2014 Making Tracks 5K and one-mile fun run is scheduled for April 5 with an 8 a.m. start time.

Entry forms can be obtained at the Physical Fitness Center and most FMWR facilities.

Because hundreds of runners are expected to participate in this race, the depot needs 30 volunteers to help with race activities. If you would like to volunteer, please contact Amanda Mullinax at 256-235-7321 or Gerrad Slaton at 256-235-6385.

## Gold Star Wives' Day

April 5 is designated as Gold Star Wives' Day. This day is set to honor and recognize the sacrifice of surviving spouses of Soldiers who lost their lives in military service.

The Survivor Outreach Services Program was developed to deliver on the Army's commitment to Families of the Fallen by providing support and standardized services to Active, Reserve and National Guard Families.

Through the SOS Program, survivors remain continually linked to the Army Family and are provided access and assistance to Financial Counselors, Benefits Coordinators and Support Coordinators. Please take a moment on this date to remember, respect and honor these survivors.

## Beach trip planned for military children

Operation: Military Kids, in partnership with the Alabama National Guard and Alabama 4-H, is hosting a relaxing, fun and educational camp for children of military families to Dauphin Island.

Expenses for the camp will be underwritten by Operation: Military Kids, to include lodging, transportation, camp activities and related expenses.

Drop off and pick up location sites in Birmingham and Montgomery will be sent in acceptance packets.

Campers will have the opportunity to participate in exciting excursions to the Dauphin Island Sea Lab, Naval Aviation Museum, the USS Alabama and have some time to spend on the beach.

When: June 16-19, 2014

Cost: \$30 per child

Eligibility: This program is open to boys and girls 10-18 who have a parent/guardian in the military – Active Duty, Guard or Reserve.

Thirty camper slots are available and will be assigned on the following basis:

1. Priority will be given to youth who have a parent/guardian in the Army National Guard or Reserve.
2. Youth campers must be ages 10 - 18.
3. Any remaining slots will be filled by assignment based on how recently the service member has returned from his/her service.

For details and applications, contact Rachel Simpson at Bradfra@auburn.edu or 334-844-2294

Applications are due May 9.